



FLORENCE NIGHTINGALE

'The Lady with the Lamp' was 34 when she first offered her assistance to the military hospitals of Turkey during the Crimean War. On returning to Britain in 1860 at the age of 40 she established the Nightingale Training School for nurses at St Thomas' Hospital in London. Her efforts greatly improved the conditions in hospitals and substantially reduced mortality rates.

**AGE IS
JUST A
NUMBER**

40

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